

Naomi Hertsberg Rodgers, Ph.D., CCC-SLP
Department of Communication Sciences and Disorders

Curriculum Vitae as of 8/1/2025

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EDUCATION AND PROFESSIONAL HISTORY

Higher Education

- 2019 **Ph.D.**, Speech & Hearing Sciences, University of Iowa
Dissertation: Cognitive Bias and Stuttering in Adolescence
Mentor: Patricia Zebrowski, Ph.D., CCC-SLP
- 2012 **M.A.**, Speech Pathology and Audiology, University of Iowa
Thesis: Self-Perceived Competence and Social Acceptance of Children Who Stutter
Mentor: Patricia Zebrowski, Ph.D., CCC-SLP
- 2010 **B.A.**, Communication Sciences, University of Vermont
Cum Laude, College Honors, Phi Beta Kappa
Thesis: Pitch Rise in the Disfluencies of Young Children Who Stutter
Mentor: Barry Guitar, Ph.D., CCC-SLP

Professional and Academic Positions

- 2022 - **Assistant Professor**, Dept. of Communication Sciences & Disorders, University of Iowa
2022 - **Co-Director**, UISHINE summer program for youth who stutter or are Deaf/hard of hearing, University of Iowa
- 2019 - 2022 **Assistant Professor**, Dept. of Special Education & Communication Disorders, University of Nebraska-Lincoln (UNL)
- 2017 - 2018 **Research Assistant**, Center for Childhood Deafness, Language, & Learning, Boys Town National Research Hospital, Iowa City Satellite Location
- 2014 - 2019 **Clinical Supervisor**, UISPEAKS summer program for youth who stutter, Wendell Johnson Speech & Hearing Center, University of Iowa
- 2014 - 2018 **Research Assistant**, various labs in the Dept. of Communication Sciences & Disorders, University of Iowa
- 2013 - 2015 **Speech-Language Pathologist** (PRN), Children's Center for Therapy (presently known as ChildServe), Iowa City, IA
- 2012 - 2013 **Clinical Fellow**, Speech-Language Pathology, Children's Center for Therapy (presently known as ChildServe), Iowa City, IA

Licensure and Certifications

- 2013 - Iowa State Licensure in Speech-Language Pathology (#002225) (hiatus 2019-2022)
2019 - 2023 Nebraska State Licensure in Speech-Language Pathology (#2346)
2013 Certificate of Clinical Competence in Speech-Language Pathology, ASHA (#12152304)

Honors and Awards

2025	Career Impact Award; Pomerantz Career Center, University of Iowa
2024	Early Career Contributions in Research Award; ASHA
2024	Selected Visionary Session; 2024 ASHA Convention
2023	Selected Changemaker Session; 2023 ASHA Convention
2022	ASHA DISTANCE Awardee (Dissemination and Implementation Science Travel Award)
2020	Certificate of Recognition for Contributions to Students; UNL Division of Student Affairs, UNL Teaching Council, and UNL Parents Association
2018	Dissertation Writing Fellowship; College of Liberal Arts and Sciences, Ulowa
2017	Ph.D. Student Service Award; Dept. of Communication Sciences and Disorders, Ulowa
2016	New Century Scholar Doctoral Scholarship; ASHA
2016	Ph.D. Student Award for Best Primary Research Article; Dept. of Communication Sciences and Disorders, Ulowa
2016	Post-Comps Research Fellowship; Graduate College, Ulowa
2014	Student Research Travel Award; 2014 ASHA Convention
2014	Meritorious Poster Submission; 2014 ASHA Convention
2010	Rodney Everhart Award for Outstanding Clinical Promise; Dept. of Communication Sciences, University of Vermont

Memberships

2024 -	Ally of Stuttering, Spero Stuttering
2024 -	Member, World Stuttering and Cluttering Organization (WSCO)
2022 -	Affiliate member, DeLTA Center, Ulowa
2022 -	Member, Iowa Speech-Language-Hearing Association (ISHA)
2019 - 2022	Member, Nebraska Speech-Language-Hearing Association (NSLHA)
2017 -	Member, International Fluency Association (IFA)
2015 -	Member, National Stuttering Association (NSA)
2014 -	Member, National Association of Young People Who Stutter (FRIENDS)
2014 - 2019	Graduate Student Member, DeLTA Center, Ulowa
2013 -	Member, ASHA Special Interest Group IV (Fluency)
2013 -	Member, ASHA

GRANT SUPPORT

Active

8/2025 - 7/2030	<i>Promoting Communication Well-Being with Stutter-Affirming Therapy: A Pilot Clinical Trial in the Schools</i> K23 Mentored Patient-Centered Career Development Award NIH/NIDCD. Award amount: \$891,836 Percent effort: 75% Rodgers (PI)
12/2024 - 11/2026	<i>Developing and Validating a Self-Report Assessment to Measure Stutter-Affirming Outcomes</i> Researcher-Practitioner Collaboration Grant American Speech-Language-Hearing Foundation. Award amount: \$35,000 Percent effort: 0.5 summer month Rodgers (PI), Sisskin (Co-I), D. Rodgers (Co-I)

Completed

- 7/2022 - 6/2024 *Project STIRS: SLP Training to Increase Resilience in Students with Communication Disorders*
School Mental Health Research Grant
Funded by the Scanlan Center for School Mental Health. Award amount: \$250,000
Percent effort: 15%
Rodgers (PI), Combiths (Co-PI), Walker (Co-PI), Zhang (Co-PI)
- 7/2022 - 6/2024 *Preparing Students Who Stutter for Life After Graduation: A National Survey of SLP Transition Planning Practices*
Advancement of Clinical Research in Childhood Stuttering Award
Funded by the National Stuttering Association. Award amount: \$25,000
Percent effort: 10%
Collins (PI; University of Montana), **Rodgers** (Co-PI)
- 12/2020 - 6/2022 *Visual Social Attention Among Adolescents Who Stutter*
New Investigator's Research Grant
Funded by American Speech-Language-Hearing Foundation. Award amount: \$10,000
Rodgers (PI), Dodd (Co-PI)
- 1/2020 - 6/2021 *Developing "Stages of Change" Measures to Assess Readiness to Manage Stuttering Among Adults Who Stutter*
Faculty Seed Grant
Funded by UNL Office of Research/Economic Development. Award amount: \$10,000
Rodgers (PI)
- 2017 *Cognitive Bias and Social Anxiety Among Adolescents Who Stutter*
Student Interdisciplinary Research Grant
Funded by DeLTA Center. Award amount: \$1,000
Rodgers (PI)
- 2017 *Cognitive Bias and Social Anxiety Among Adolescents Who Stutter*
Student Research Grant
Funded by Graduate and Professional Student Government. Award amount: \$1,000
Rodgers (PI)

SCHOLARSHIP**Areas of Research Interest**

1. **Nature of developmental stuttering** – Examining cognitive, emotional, and social mechanisms and correlates of stuttering including information processing and mental health
2. **Behavior change in stuttering therapy** – Measuring factors that predict readiness to change in stuttering therapy; creating assessments and affirming interventions to promote change for young people and adults who stutter
3. **Professional training for SLPs** – Developing methods to promote clinical competence of SLPs to support social-emotional outcomes for individuals with communication disorders; integrating implementation science to increase uptake of evidence-based practices and principles

Publications

* Senior author, major contribution; ** Secondary contribution; *** Equal contribution; **** Minor contribution; ° Student author

Refereed Articles

1. ***Rodgers, N. H.**, Zhang, Y., Combiths, P., & Walker, E. (In press). Integrating social-emotional practices in elementary school-based speech/language therapy: A pilot randomized controlled trial. *Language, Speech, and Hearing Services in Schools*.
2. ***Rodgers, N. H.**, Gerlach-Houck, H., Paiva, A., & Robbins, M. (In press). Measuring adults' readiness to make a positive change to stuttering, and the cognitive processes that predict it. *Journal of Speech, Language, and Hearing Research*.
3. ***Rodgers, N. H.**, °Marsh, D., °Jacobs, K., & Collins, G. (2025). Preparing adolescents who stutter for life after high school. *Language, Speech, and Hearing Services in Schools*, 56(3), 666-681.
4. °Kerrigan, J., Brundage, S., Constantino, C., Daniels, D., & ***Rodgers, N. H.** (2025). A discussion of topics related to teaching a graduate stuttering course. *Journal of Fluency Disorders*, 83, 106103.
5. Tichenor, S. E., Yaruss, J. S., Constantino, C., Gerlach-Houck, H., Gore, K., Irani, F., Jackson, E. S., LaFleur, C. Mandulak, K. C., ******Rodgers, N. H.**, & Hampton Wray, A., (2025). Pseudostuttering assignments support clinical training and develop strong stuttering therapists: A letter to the editor regarding Bortz (2024). *Perspectives of the ASHA Special Interest Groups*, 10, 179–185.
6. Shenker, R., *****Rodgers, N. H.**, Guitar, G., & Onslow, M. (2023). Contemporary clinical conversations about stuttering: Neurodiversity and ableism. *Journal of Fluency Disorders*, 78, 106014
7. Gerlach-Houck, H., & *****Rodgers, N. H.** (2022). The good, the bad, and the ugly: Unpacking the pros and cons associated with change for adults who stutter. *Journal of Fluency Disorders*, 73, 105924.
8. ***Rodgers, N. H.**, & Gerlach-Houck, H. (2022). "Knowledge without action means nothing:" Stakeholder insights on the behaviors that constitute positive change for adults who stutter. *American Journal of Speech-Language Pathology*, 31, 1637-1652.
9. ***Rodgers, N. H.**, Lau, J. Y. F., & Zebrowski, P. M. (2022). Examining the effects of stuttering and social anxiety on interpretations of ambiguous social scenarios among adolescents. *Journal of Communication Disorders*, 95, 106179.
10. Zebrowski, P. M., *****Rodgers, N. H.**, Gerlach, H., Paiva, A. L., & Robbins, M. L. (2021). Applying the transtheoretical model to stuttering management among adolescents: Part I. Scale development. *American Journal of Speech-Language Pathology*, 30(6), 2492-2509.
11. ***Rodgers, N. H.**, Gerlach, H., Paiva, A. L., Robbins, M. L., & Zebrowski, P. M. (2021). Applying the transtheoretical model to stuttering management among adolescents: Part II. Exploratory scale validation. *American Journal of Speech-Language Pathology*, 30(6), 2510-2527.
12. ***Rodgers, N. H.**, & Jackson, E. S. (2021). Temperament is linked to avoidant responses to stuttering anticipation. *Journal of Communication Disorders*, 93, 106139.
13. ***Rodgers, N. H.**, Berquez, A., Hollister, J., & Zebrowski, P. M. (2020). Using solution-focused principles with older children who stutter and their parents to elicit perspectives of therapeutic change. *Perspectives of ASHA Interest Groups: SIG 4 - Fluency and Fluency Disorders*, 5, 1427-1440.
14. ***Rodgers, N. H.**, Lau, J. F. Y., & Zebrowski, P. M. (2020). Attentional bias among adolescents who stutter: Evidence for a vigilance-avoidance effect. *Journal of Speech, Language, and Hearing Research*, 63(10), 3349-3363.
15. Jackson, E. S., ****Rodgers, N. H.**, & Rodgers, D. B. (2019). An exploratory factor analysis of action responses to stuttering anticipation. *Journal of Fluency Disorders*, 60, 1-10.
16. ***Hertsberg, N.**, & Zebrowski, P. M. (2016). Self-perceived competence and social acceptance of young children who stutter: Initial findings. *Journal of Communication Disorders*, 64, 18-31.

Invited Articles

1. ***Rodgers, N. H.** (2023). Best practices to support the mental health of students with communication disorders. Practice brief for the Scanlan Center for School Mental Health, College of Education, University of Iowa. <https://scsmh.education.uiowa.edu/practice-brief/best-practices-to-support-the-mental-health-of-students-with-communication-disorders/>

2. ***Rodgers, N. H.** (2022). Meet them where they're at: Maximizing adolescents' engagement in stuttering therapy [Special issue]. *Seminars in Speech and Language*, 43(2), 161-171.
3. ***Rodgers, N. H.** (2020). Leveraging the science of adolescence to help young people who stammer. *Signal: The Newsletter of the National Dysfluency Clinical Excellence Network*, 53, 3-5.
4. ***Rodgers, N. H.** (2019). Book review: *More than fluency: The social, emotional, and cognitive dimensions of stuttering*, edited by B. J. Amster & E. R. Klein. *Journal of Fluency Disorders*, 61, 105705.
5. Jackson, E. S., Gerlach, H., ******Rodgers, N. H.**, & Zebrowski, P. M. (2018). My client knows that he's about to stutter: How can we address stuttering anticipation during therapy with young people who stutter? *Seminars in Speech and Language*, 39(4), 356-370.

Book Chapters

1. ***Rodgers, N. H.** (2024). Adolescent stuttering therapy. In B. Guitar & R. McCauley, *Stuttering: An integrated approach to its nature and treatment* (6th ed.). Wolters Kluwer.
2. Zebrowski, P. M., ****Rodgers, N. H.**, & Gerlach, H. (2022). Treatment of stuttering: Adolescents and adults. In P. M. Zebrowski, J. Anderson, & E. G. Conture (Eds.), *Stuttering: Characteristics, Assessment, and Treatment* (4th ed.). Thieme Medical Publishers.

Oral Presentations

Invited Lectures

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| 2025 | Rodgers, N. H. (2025, May). <i>Awareness to action: How SLPs can challenge the stigma of stuttering</i> . 1-hour webinar invited by the Certified European Stuttering Specialist (CESS) network. |
| 2025 | Rodgers, N. H. , & Pang, V. (2025, Mar). <i>Affirming practices and ideas in stuttering therapy</i> . 1-hour webinar presented at the Solo Speechie online conference (Australia). |
| 2024 | Rodgers, N. H. (2024, Jun). <i>Cultivating clients' readiness to change in speech-language therapy</i> . 1.5-hour invited seminar presented at the annual convention of Norsk Logopedlag (national organization for speech-language pathology in Norway). |
| 2024 | Rodgers, N. H. (2024, Jun). <i>Navigating stuttering in adolescence: Therapeutic insights for a collaborative journey</i> . 1-hour invited seminar presented at the annual convention of Norsk Logopedlag (national organization for speech-language pathology in Norway). |
| 2023 | Rodgers, N. H. (2023, Oct). <i>If not fluency, then what? Anti-ableist stuttering therapy</i> . 1.5-hour seminar invited by the Iowa Speech-Language Hearing Association. Presented at the annual ISHA convention; Iowa City, IA. |
| 2023 | Rodgers, N. H. (2023, Feb). <i>Understanding and maximizing clients' readiness to change in stuttering therapy</i> . 1-hour keynote invited by the European Clinical Specialization in Fluency Disorders. Presented at the 8 th European Symposium for Fluency Disorders; Antwerp, Belgium. |
| 2022 | Rodgers, N. H. (2022, Nov). <i>Supporting positive psychosocial outcomes in young people who stutter: An interdisciplinary approach</i> . 1-hour seminar invited by the ASHA Topic Committee for Fluency. Presented at the annual ASHA convention; New Orleans, LA. |
| 2022 | Rodgers, N. H. (2022, Oct). <i>Supporting clients' readiness to change</i> . 1-hour virtual workshop invited by Trinity College Dublin. Presented at the inaugural Stakeholder Coalitions: Guiding Stuttering Research and Clinical Directions international virtual conference; Dublin, Ireland. |
| 2022 | Rodgers, N. H. (2022, Apr). <i>Decentering fluency in childhood stuttering therapy</i> . 2-hour seminar invited by the annual Iowa Conference on Communicative Disorders; Cedar Falls, IA. |
| 2022 | Rodgers, N. H. (2022, Feb). <i>Stages of change in adolescent stuttering therapy: Research and clinical application</i> . 1-hour virtual professional development seminar for Montreal Fluency Centre. |
| 2022 | Rodgers, N. H. (2022, Feb). <i>Psychosocial aspects of stuttering in adolescents</i> . 1-hour virtual professional development seminar for www.speechtherapypd.com . |

- 2021 **Rodgers, N. H.**, & Ntourou, K. (2021, Nov). *Considering client temperament in stuttering therapy to maximize individualized outcomes*. 1-hour virtual seminar invited by the American Board of Fluency and Fluency Disorders. Presented at the annual ASHA convention; Washington, DC.
- 2021 **Rodgers, N. H.** (2021, Feb). *Stages of change for stuttering therapy: Research and applications*. 3-hour short course invited by the Illinois Speech-Language-Hearing Association. Presented at their annual convention; virtual.
- 2019 **Rodgers, N. H.** (2019, Oct). *How the "Stages of Change" can help us understand and support adolescents' readiness to manage stuttering*. 1-hour seminar invited by the Nebraska Speech-Language-Hearing Association. Presented at their annual convention; Omaha, NE.
- 2016 **Hertsberg, N.** (2016, May). *Enhancing student engagement via online learning*. Workshop presented at the Stuttering Foundation of America's Workshop on Designing Coursework in the Nature and Treatment of Stuttering; Iowa City, IA.

Invited Professional Development Seminars and Workshops

School Districts

- 2025 Grant Wood AEA (6 hours)
- 2024 Denver Public Schools (2 hours)
- 2023 Des Moines Public Schools (2 hours)
- 2023 Mississippi Bend AEA (4 hours)
- 2023 Douglas County School District (2 hours)
- 2022 Lincoln Public Schools (2 hours)

Stuttering Organizations

- 2025 Keynote speaker, Friends national convention, Charlotte, NC
- 2024 Keynote speaker, Friends one-day regional convention, Raleigh, NC
- 2024 Keynote speaker, Friends one-day regional convention, Los Angeles, CA

Refereed Conference Talks

- 2025 Anderson, C., Goldstein-Schuff, C., & **Rodgers, N. H.** (2025, Nov). *Little deaths: Exploring dissociation in stuttering*. 1-hour oral presentation to be presented at the annual ASHA convention; Washington, DC.
- 2025 Sisskin, V., & **Rodgers, N. H.** (2025, Nov). *Developing a stutter-affirming measure for children, teens, and adults*. 30-min technical clinical talk to be presented at the annual ASHA convention; Washington, DC.
- 2025 Combiths, P., Arenas, R., Irizarry Perez, C., **Rodgers, N. H.**, Nico, J. (2025, Nov). *What's an error anyway? Reframing persistent and residual speech patterns*. 1-hour seminar to be presented at the annual ASHA convention; Washington, DC.
- 2025 ^sKerrigan, J. S., & **Rodgers, N. H.** (2025, Oct). *Using art and multimedia to explore stuttering with clients*. 1-hour seminar to be presented at the annual ISHA convention; Iowa City, IA.
- 2025 Goldstein-Schuff, C., Anderson, C., & **Rodgers, N. H.** (2025, Sep). *Organizing life around stuttering: Markers of the stuttering experience as complex trauma*. 1-hour seminar to be presented at the 14th Oxford Stuttering and Cluttering Research Conference; Oxford, UK.
- 2024 ^sKerrigan, J. S., & **Rodgers, N. H.** (2024, Dec). *Consensus guidelines for stuttering pedagogy*. 1-hour seminar presented at the annual ASHA convention; Seattle, WA.
- 2024 Millager, R., & **Rodgers, N. H.** (2024, Dec). *Stages of change in stuttering therapy across the lifespan*. 1-hour seminar presented at the annual ASHA convention; Seattle, WA. ***designated as an ASHA convention visionary session***

- 2024 Goldstein-Schuff, C., Anderson, C., & **Rodgers, N. H.** (2024, Dec). *Organizing life around stuttering: Markers of the stuttering experience as complex trauma*. 1-hour seminar presented at the annual ASHA convention; Seattle, WA.
- 2024 **Rodgers, N. H.**, Brundage, S., Constantino, C., Daniels, D., & ^sKerrigan, J. S. (2024, May). *Pedagogy of stuttering part I: Overview of teaching methods*. 1-hour seminar presented at the World Stuttering and Cluttering Organization congress; Austin, TX.
- 2024 ^sKerrigan, J. S., Brundage, S., Constantino, C., Daniels, D., & **Rodgers, N. H.** (2024, May). *Pedagogy of stuttering part II: Discussion of implementation*. 1-hour roundtable discussion presented at the World Stuttering and Cluttering Organization congress; Austin, TX.
- 2024 **Rodgers, N. H.**, Anderson, C., Goldstein-Schuff, C., & ^sKerrigan, J. (2024, May). *Community-based participatory research with and for the stuttering community*. 30-min talk presented at the World Stuttering and Cluttering Organization congress; Austin, TX.
- 2024 Anderson, C., **Rodgers, N. H.**, & Goldstein-Schuff, C. (2024, May). *Stuttering as complex trauma: Initial findings from a qualitative exploration of adults' lived experiences*. 30-min talk presented at the World Stuttering and Cluttering Organization congress; Austin, TX.
- 2023 **Rodgers, N. H.**, & Collins, G. (2023, Nov). *Stakeholder insights into the transition to life after high school for students who stutter*. Technical clinical talk presented at the annual ASHA convention; Boston, MA. ***designated as an ASHA convention changemaker session***
- 2023 **Rodgers, N. H.**, ^sGreene, H., Combiths, P., Walker, E., & Zhang, Y. (2023, Nov). *Social-emotional needs of K-3 students with communication disorders: Insights from elementary school SLPs and counselors*. Technical clinical talk presented at the annual ASHA convention; Boston, MA.
- 2023 Ntourou, K., Baldwin, J., Pike, I., **Rodgers, N. H.**, Sinclair, J. (2023, Nov). *Attentional bias to threat in adults who stutter: Evidence from a modified online dot-probe task*. Technical research talk presented at the annual ASHA convention; Boston, MA.
- 2022 Collins, G., & **Rodgers, N. H.** (2022, Nov). *Preparing high-schoolers who stutter for life after graduation: A national survey of school-based SLP practices*. Technical clinical talk presented at the annual ASHA convention; New Orleans, LA.
- 2022 ^sThorpe, M., Subramanian, A., **Rodgers, N. H.**, Yoon, S. (2022, Nov). *Effects of stuttering and sound avoidance on conversational memory*. Technical research talk presented at the annual ASHA convention; New Orleans, LA.
- 2022 **Rodgers, N. H.**, & Gerlach-Houck, H. (2022, May). *Measuring readiness to change among adults who stutter*. 1-hour seminar presented at the Joint World Congress on Stuttering and Cluttering; Montreal, Canada.
- 2021 **Rodgers, N. H.**, ^sJohnson, C., ^sBook, O., & Rodgers, D. B. (2021, Nov). *Anxiety outcomes among people who stutter: A meta-analysis*. Technical research talk presented virtually at the annual ASHA convention; Washington, DC.
- 2021 **Rodgers, N. H.**, & Gerlach, H. (2021, Nov). *Pros and cons of making a positive change to stuttering: Perspectives from key stakeholders*. Technical research talk presented virtually at the annual ASHA convention; Washington, DC.
- 2021 Gerlach, H., Arenas, R., & **Rodgers, N. H.** (2021, Nov). *Identity disconnect?: Exploring concealment and identity structure among adults who do and do not stutter*. Technical research talk presented virtually at the annual ASHA convention; Washington, DC.
- 2021 **Rodgers, N. H.** (2021, Jan). *How do stuttering and social anxiety affect interpretations of ambiguous social scenarios among adolescents?* Paper presented virtually at the 12th Oxford Dysfluency Conference; Oxford, UK
- 2021 **Rodgers, N. H.**, & Gerlach, H. (2021, Jan). *What adults who stutter and stuttering specialists think it means to make a positive change to stuttering*. Paper presented virtually at the 12th Oxford Dysfluency Conference; Oxford, UK.
- 2019 **Rodgers, N. H.**, & Zebrowski, P. M. (2019, Nov). *Adolescents who stutter demonstrate an attentional bias towards negative social information*. Technical research talk presented at the annual ASHA convention; Orlando, FL.

- 2019 Arenas, R., Davidow, J., Gerlach, H., Jackson, E. S., **Rodgers, N. H.**, Yaruss, J. S., & Zebrowski, P. M. (2019, Nov). *Anticipation of stuttering: A panel discussion on theory, research, and clinical implications*. 2-hour seminar presented at the annual ASHA convention; Orlando, FL.
- 2019 Hughes, C., Kuster, J., Boyle, M., Buhr, A., Daniels, D., Evans, D., Herring, C., **Rodgers, N. H.**, Swartz, E. (2019, Nov). *Voices past & present: Pathways toward recovery from stuttering*. 2-hour seminar presented at the annual ASHA convention; Orlando, FL.
- 2019 Logan, K., Gabel, R., Herring, C., Reeves, L., **Rodgers, N. H.**, & Yaruss, J. S. (2019, Nov). *Small steps lead to big changes: People who stutter on managing stuttering*. 1-hour seminar presented at the annual ASHA convention; Orlando, FL.
- 2018 Zebrowski, P. M., **Rodgers, N. H.**, & Gerlach, H. (2018, Jul). *Assessing change readiness among adolescents and young adults who stutter*. Paper presented at the World Congress on Fluency Disorders; Hiroshima, Japan.
- 2018 Herring, C., Tichenor, S., **Rodgers, N. H.**, & Palasik, S. (2018, Jul). *Attempts to bridge the divide between stuttering therapy, self-help, and science: A panel discussion*. Discussant on panel presented at the World Congress on Fluency Disorders; Hiroshima, Japan.
- 2017 **Rodgers, N. H.**, Zebrowski, P. M., Robbins, M. L., & Paiva, A. L. (2017, Sep). *Development of measures to assess change readiness among adolescents who stutter*. Paper presented at the 11th Oxford Dysfluency Conference; Oxford, United Kingdom.
- 2016 **Hertsberg, N.** (2016, Mar). *Harnessing the science of behavior change to understand how teenagers who stutter think about stuttering management*. Paper presented at the 18th annual Jakobsen Memorial Graduate Conference; University of Iowa, Iowa City, IA.
- 2015 Berquez, A., **Hertsberg, N.**, Hollister, J. E., & Zebrowski, P. M. (2015, Jul). *What are families' best hopes for stuttering therapy and are they realized over time?* Paper presented at the International Fluency Association's 8th World Congress on Fluency Disorders; Lisbon, Portugal.
- 2014 Berquez, A., **Hertsberg, N.**, Hollister, J. E., Zebrowski, P. M., & Millard, S. K. (2014, Jul). *What do children who stutter and their parents expect from therapy?* Paper presented at the 10th Oxford Dysfluency Conference; Oxford, United Kingdom.
- 2014 Millard, S. K., Brown, B. T., **Hertsberg, N.**, Hollister, J. E., & Zebrowski, P. M. (2014, Jul). *Practice-based evidence: An integrated therapy approach for children who stutter*. Paper presented at the 10th Oxford Dysfluency Conference; Oxford, United Kingdom.

Refereed Conference Posters

- 2025 ^{*}Kerrigan, J. S., & **Rodgers, N. H.** (2025, Nov). *Transforming graduate stuttering education: Expert consensus and practical resources*. Poster to be presented at the annual ASHA convention; Washington, DC.
- 2025 **Rodgers, N. H.**, & Sisskin, V. (2025, Sep). *Developing a stutter-affirming measure for children, teens, and adults*. Poster to be presented at the 14th Oxford Stuttering and Cluttering Research Conference; Oxford, UK.
- 2025 ^{*}Kerrigan, J. S., ^{*}Huynh, K., ^{*}Lovig, C., **Rodgers, N. H.**, & Wessel, W. (2025, Sep). *Does stuttering anticipation involve inhibitory control: EEG evidence from a verbal stop-signal task*. Poster to be presented at the 14th Oxford Stuttering and Cluttering Research Conference; Oxford, UK.
- 2025 ^{*}Huynh, K., ^{*}Kerrigan, J. S., ^{*}Lovig, C., **Rodgers, N. H.**, & Wessel, W. (2025, Mar). *Does the anticipation of stuttered speech involve inhibitory control?* Poster presented at the annual Cognitive Neuroscience Society conference; Boston, MA.
- 2024 **Rodgers, N. H.**, ^{*}Daniels, S., ^{*}Thompson, A., ^{*}Donnelly, E., ^{*}Kerrigan, J. S., ^{*}Porter, T., & Rodgers, D. (2024, Dec). *Social-emotional outcomes of K-12 students with communication disorders: A meta-analysis*. Poster presented at the annual ASHA convention; Seattle, WA.
- 2024 **Rodgers, N. H.**, ^{*}Evanitz, E., ^{*}Kushner, A., ^{*}Kellum, P., ^{*}Schloss, N., & Rodgers, D. (2024, Dec). *Psychological well-being of people who stutter: A meta-analysis*. Poster presented at the annual ASHA convention; Seattle, WA.
- 2024 ^{*}Schloss, N., Kutlu, E., & **Rodgers, N. H.** (2024, Dec). *Social network analysis of adults who stutter*. Poster presented at the annual ASHA convention; Seattle, WA.

- 2024 **Rodgers, N. H.**, ^sGreene, H., Combiths, P., Walker, E., & Zhang, Y. (2024, March). *Supporting the social-emotional needs of elementary students with communication challenges*. Poster presented at the annual Council for Exceptional Children (CEC) convention; San Antonio, TX.
- 2023 ^sGreene, H., **Rodgers, N. H.**, Combiths, P., Walker, E., & Zhang, Y. (2023, Nov). *Social-emotional needs of K-3 students with communication disorders: Insights from elementary school SLPs and counselors*. Poster presented at the annual ISHA convention; Iowa City, IA.
- 2022 **Rodgers, N. H.**, & Dodd, M. (2022, Nov). *Finding the emotional odd face out: Eyetracking findings from adolescents who stutter*. Poster presented at the annual ASHA convention; New Orleans, LA.
- 2022 **Rodgers, N. H.**, ^sFleming, C., & ^sKnobbe, J. (2022, Nov). *Exploring how COVID-19 has affected the lived experiences of adolescents who stutter*. Poster presented at the annual ASHA convention; New Orleans, LA.
- 2021 ^sAinsworth, G., **Rodgers, N. H.**, & ^sMcWilliams, S. (2021, Nov). *Linking stuttering and cognitive bias: Current status and future directions*. Poster presented virtually at the annual ASHA convention; Washington, DC.
- 2021 Collins, G., & **Rodgers, N. H.** (2021, Nov). *Preparing secondary students who stutter to meet workforce demands through individualized transition planning*. Poster presented virtually at the annual ASHA convention; Washington, DC.
- 2020 ^sStrong, C., & **Rodgers, N. H.** (2020, Sep). *Best practices for speech-language pathologists to facilitate skill generalization among school-age students who stutter*. Poster presented virtually at the annual Nebraska Speech-Language-Hearing Association convention.
- 2020 ^sJacobs, C., & **Rodgers, N. H.** (2020, Sep). *The effect of high school disability-based peer mentoring experience on perspectives towards people with disabilities*. Poster presented virtually at the annual Nebraska Speech-Language-Hearing Association convention.
- 2019 ^sBaranick, T., ^sCole, B., & **Rodgers, N. H.** (2019, Apr). *The effects of effortful control and communication attitudes on the accuracy of self-reported stuttering severity among adolescents who stutter*. Poster presented at the University of Iowa's Spring Undergraduate Research Festival; Iowa City, IA.
- 2016 **Hertsberg, N.**, Zebrowski, P. M., Robbins, M. L., & Paiva, A. L. (2016, Nov). *Situational self-efficacy and change readiness in adolescents who stutter*. Poster presented at the annual ASHA convention; Philadelphia, PA.
- 2016 Zebrowski, P. M., **Hertsberg, N.**, Robbins, M. L., & Paiva, A. L. (2016, Nov). *Decisional balance and change readiness in adolescents who stutter*. Poster presented at the annual ASHA convention; Philadelphia, PA.
- 2016 ^sBrow, N., **Hertsberg, N.**, & Zebrowski, P. M. (2016, Nov). *Addressing "acceptance" with teenagers who stutter in a week-long intensive stuttering therapy program*. Poster presented at the annual ASHA convention; Philadelphia, PA.
- 2015 **Hertsberg, N.**, & Zebrowski, P. M. (2015, Nov). *The role of stuttering in early self-perceptions of competence and social acceptance*. Poster presented at the annual ASHA convention; Denver, CO.
- 2014 **Hertsberg, N.**, & Zebrowski, P. M. (2014, Nov). *How teenagers and fluency specialists define stuttering management: Preliminary thematic analysis*. Poster presented at the annual ASHA convention; Orlando, FL. ***Meritorious poster designation***
- 2014 **Hertsberg, N.**, Hollister, J. E., Zebrowski, P. M., Berquez, A., & Millard, S. K. (2014, Jul). *Early adolescents' perspectives on therapeutic progress in an intensive stuttering intervention program*. Poster presented at the 10th Oxford Dysfluency Conference; Oxford, UK.

TEACHING

Courses Taught at the University of Iowa

- 2022 - CSD:5183 Introduction to Stuttering (graduate)
 2022 - 2025 CSD:5203 Counseling in Speech-Language Pathology (graduate)

2022 - 2025 CSD:4120 Introduction to Clinical Methods and Observation (undergraduate)

Courses Taught at University of Nebraska-Lincoln

2021 - 2022 SLPA:967 Motor Aspects of Verbal Communication (graduate)

2019 - 2022 SLPA:250 Speech Sound Disorders

2019 - 2020 SLPA:885 Fluency Disorders

Student Mentoring

Master's Thesis – Chair

In progress Emma Donnelly

In progress Iliana Salazar

In progress Natalie Schloss

Spring 2025 Julia Kerrigan

Master's Thesis – Committee Member

Spring 2023 Morgan Thorpe

Spring 2021 Bekah Hutchinson (UNL)

Undergrad Honor's Thesis – Chair

In progress Chloe Menneke

Spring 2025 Natalie Schloss

Spring 2024 Kelly Jacobs

Spring 2024 Darby Marsh

Fall 2021 Chloe Strong (UNL)

Fall 2020 Caroline Jacobs (UNL)

Mentored Student Awards and Honors

2025 Chloe Menneke; ICRU summer fellowship, UI Office of Undergraduate Research (OUR)

2025 Ashley Kushner, Camryn Griffin, Emma Donnelly, Malina Paley; Collaborative Research Grant Fellowship, UI Office of Undergraduate Research (OUR)

2024 Emma Donnelly; Ferentz Undergraduate Research Scholarship; ICRU Summer Fellowship, UI Office of Undergraduate Research (OUR)

2024 Natalie Schloss; Ferentz Undergraduate Research scholarship; ICRU academic year fellowship, UI Office of Undergraduate Research (OUR)

2023 Julia Kerrigan; SPARC awardee, ASHA

2023 Kelly Jacobs; Ferentz Undergraduate Research scholarship; ICRU summer fellowship, UI Office of Undergraduate Research (OUR)

2023 Darby Marsh; Ferentz Undergraduate Research scholarship; ICRU academic year fellowship, UI Office of Undergraduate Research (OUR)

SERVICE

Profession

2025 Member, Scientific Review Committee for 2025 Oxford Stuttering and Cluttering Research Conference

2025	Grant reviewer, New Investigators Research Grant, ASHFoundation
2025 -	Member, Research Committee, Friends
2024 -	Secretary, World Stuttering and Cluttering Organization
2023 -	Editorial Board, Journal of Fluency Disorders
2020 - 2021	Editorial Board, Perspectives of the ASHA Special Interest Groups (SIG 4: Fluency and Fluency Disorders)
2020, 2021	ASHA Convention Topic Committee for Fluency (Conference Locations: San Diego, CA; Washington, DC)
2018, 2022	Conference proposal reviewer, World Congress on Fluency Disorders (Conference Location: Hiroshima, Japan)
2019 -	Ad Hoc Reviewer: <i>American Journal of Speech-Language Pathology; Folia Phoniatrica et Logopaedica; Journal of Communication Disorders; Journal of Experimental Psychology; Journal of Fluency Disorders; Journal of Speech, Language, & Hearing Research; Language, Speech, & Hearing Services in the Schools; Seminars in Speech and Language</i>

Department

2025 -	Student Support Committee, Dept. of Communication Sciences and Disorders, Ulowa
2024 -	Strategic Communications Committee, Dept. of Communication Sciences and Disorders, Ulowa
2024 - 2025	WJSHC Commemoration Committee, Dept. of Communication Sciences and Disorders, Ulowa
2023 -	Admissions Committee, Dept. of Communication Sciences and Disorders, Ulowa
2023 - 2024	Scholarships and Awards Committee, Dept. of Communication Sciences and Disorders, Ulowa
2021 - 2022	Chair's Advisory Committee, Dept. of Special Education and Communication Disorders, UNL

College

2023	Convocation, College of Liberal Arts and Sciences, Ulowa
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University

2017	Student Interdisciplinary Grant Reviewer, DeLTA Center, University of Iowa
2016 - 2018	Travel Grant Reviewer, Travel Funds Committee, Graduate Student Senate, University of Iowa
2014 - 2018	Senator, Graduate Student Senate, Dept. of Communication Sciences & Disorder Representative, University of Iowa
2014 - 2016	Publicity Chair, Jakobsen Memorial Graduate Conference, University of Iowa

Community

2022 - 2024	Teen Virtual Group Facilitator, FRIENDS (National Association for Young People Who Stutter)
2015 -	Chapter Founder and Leader, Iowa City Adult Chapter, National Stuttering Association

Media Contributions

2024	Rodgers, N. H. (2024, Dec 3). <i>How to help adolescents who stutter successfully transition to the "Real World."</i> [Blog post]. Young Stutterers. https://www.supportyoungstutterers.com/post/how-to-help-adolescents-who-stutter-successfully-transition-to-the-real-world
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- 2024 KCRG (2024, Nov 13). *University of Iowa professor raises concerns over Samsung Impulse app for stuttering* [TV interview]. <https://www.kcrg.com/2024/11/13/university-iowa-professor-raises-concerns-over-samsung-impulse-app-stuttering/>
- 2024 Stuttering Foundation of America (2024, Aug 27). *Preparing adolescents for life after high school through transition planning* (Season 6, Episode 15) [Audio podcast episode]. <https://www.stutteringhelp.org/podcast/season-6-episode-15-preparing-adolescents-who-stutter-life-after-high-school-through>
- 2021 NPR (2021, Jan 20). *The social side of stuttering* [Audio podcast episode]. In *Short Wave*. <https://www.npr.org/2021/01/19/958423970/the-social-side-of-stuttering>
- 2020 Stuttering Foundation of American (2020, Sep 15). *Research update: What it means for adults to make a positive change to stuttering* (Season 2, Episode 2) [Audio podcast episode]. <https://www.stitcher.com/show/stuttering-foundation-podcast/episode/research-update-what-it-means-for-adults-to-make-a-positive-change-to-stuttering-77738112>
- 2017 StutterTalk (2018, Jul 18). *Striving to do better in therapy for teenagers who stutter* (Episode 649) [Audio podcast episode]. <https://stuttertalk.com/striving-to-do-better-in-therapy-for-teenagers-who-stutter-ep-649/>
- 2015 StutterTalk (2017, Apr 9). *Stuttering at the Passover seder: Reclaiming our stuttering space* (Episode 616) [Audio podcast episode]. <https://stuttertalk.com/stuttering-at-the-passover-seder-reclaiming-our-stuttering-space-ep-616/>

Professional Development Activities

- In progress Graduate Certificate in Implementation Science; Translational Research Institute, University of Arkansas for Medical Sciences
- 2024 Working with Students in Distress master class; University of Iowa
- 2023 Avoidance Reduction Therapy for Stuttering training; Sisskin Stuttering Therapy Center
- 2021 Scholarly Enhancement Program; College of Education and Human Sciences, University of Nebraska-Lincoln